

Health and Wellbeing Working Group Minutes

Thursday 11 July 2024 TEAMS Meeting (Virtual) 3.30pm – 5pm

Present CTC: Cllr Suzy Firkin, Cllr Amanda Martin, Cllr Heather Pearce (teams), Cllr Richard Walton (teams), Cllr Liz Wardlaw, Cllr Kay Wesley (teams), Jackie MacArthur (CTC), Cathy Dean (CTC)

Guest: Kate Fallon (NHS Choc Community) – will add as a regular attendee

1. **Apologies** Cllr Emma Hall, Dr Paul Bishop, Dr Vicky Buckley, Rachel Wallace, Head of Communications and Engagement NHS Cheshire East Trust (technical issue) and Usman Ashiq, Plus Dane Community Engagement Officer
2. **Draft Agenda Approval** – approved
3. **Future Chair and Meetings:** Approved Cllr Liz Wardlaw as chair of this working group for the next Civic Year. The group will meet in person and have an online option. Guests to be invited if they have an agenda item to discuss. Suggested Thursdays for meetings.

ACTION:

- 3.1 Jackie to check best timings with doctors and then send invites for rest of the civic year, based on meetings every other month.

4. ACTION LOG ITEMS:

Update on Primary Care Network - work ongoing around the technicalities of a same day access service. Currently a pilot at Waters Green in Macclesfield.

Action:

- 4.1 Contact Paul and Vicky re the commissioning and what lessons are being learnt from Waters Green. (Jackie)
- 4.2 Write to the Chief Officer of the Health Care Trust about being kept up to date.(Jackie/Liz)
- 4.3 Check if information from the CEC Adult Health Committee relating to Congleton can help build evidence (Liz)
- 4.4 Integrated Care Board – how are they delivering services for the increasing population. (Kate)

Wellbeing Hub - Plus Dane continuing to work on logistics and legalities.

Action:

- 4.5 Further Updates from Usman. See if next meeting could be held at the Hub(Jackie)

4.6 Create a full picture of Congleton hubs and update information on what is available in Congleton – Ruby’s Fund, LOL Café, Mind, Body and Sole, Mentell, Visyon, Old Saw Mill, Cricket Club Cosy Club, luncheon clubs etc (Action Cathy)

5. Update from CHOC (Congleton and Holmes Chapel) Care Community

Change for Health Project – funding is available to reduce health inequalities. Healthy lifestyles in relation to weight management. Working closely with the GPs who will send out the invitations to appropriate patients.

Also have a bid in with the Eastern Care Communities to help with the proactive management of the high dependency unit based on Frailty level. Funding for frailty assessment would go to the GPs.

Hypertension – project to encourage more people to have blood pressure checks. Particularly targeting young men who are often missed from health checks.

ACTION:

5.1 Agreed group would support the Know your numbers campaign. Jackie and Kate to have an initial meeting and share plans with the group.

6. War Memorial Hospital Update

Rachel Wallace was unable to attend the meeting. Cllrs Kay Wesley and Suzy Firkin had attend the East Cheshire Health Care Trust AGM and keen to establish closer links over the War Memorial hospital.

7. Supported Living

There are a number of queries over various supported living schemes in Congleton

- Bradshaw House: - Renovations underway
- Mountview – tender has closed, awaiting output from the strategic housing team
- Green Gables – Planning application submitted to change from a Care Home (closed 6 months ago) to assisted living
- Newcastle Road – Supported Living – a second facility has been approved.
- Moody Hall – still unclear on plans

Action:

7.1 To arrange a TEAMS or subgroup meeting with Helen Charlesworth to get a forward looking view of the plans for Congleton. (Liz)

7.2 Make sure that inclusivity and sustainability of assisted and supported living built into the emerging draft Neighbourhood Plan (Kay, Suzy, Jackie) -

also in relation to the NP consider the density of takeaways (National Food Strategy)

8. Update on Disability Positive within Congleton

Cllr Wesley gave an update on the work of the Equal Access Group. Positive meetings on Events and Transport both areas have identified a wide range of long, medium and short term issues. Some good work happening around making events more inclusive and accessible.

Action

8.1 Setting up a meeting to discuss public transport and the diagnostic centre with public transport, Cheshire East and the Health Trust.

9. Feedback from CEC Health and Wellbeing Scrutiny Group

Work taking place on the Mental Health Development Plan - this will be delivered via Cheshire and Wirral Mental Health Trust.

Huge deficit in the SEND budget

Good for Towns and Parishes to lobby for the Integrated Care Commissioning Board and the Clinical Commissioning Group with their needs for their communities. The local voice is really important.

10. Well-Being Campaigns 2024 (Jackie)

Since the last meeting the NHS Bus has been in town on the 18th May, 15th June and 10th July.

The Our Future Health research unit is on Tesco's Car Park from 18th June until 1 August and as of the 2 July was operating a full capacity.

On 26 June Communities Connect had a stall in town to promote Time Out Group, Space for Autism, Speak Up Speak Out and Friends for Leisure.

Social Media messages have been sent out for key awareness weeks.

Work starting on Know your Numbers campaign for September

Messages about Disability Pride needed for July.

Air Quality Campaigns when Schools return in September – linked to health

11. Items to go forward for Town Council Business Planning

- Preventative health important – CTC can help raise awareness
- Supported Living support
- Disability Access
- Awareness Days (staff time)
- Funding gaps – lobbying for Congleton

- Time to gain knowledge and understand gaps eg/ Breast Screening vehicle doesn't come to Congleton – why not?
- Importance of giving time to this subject and lobbying for Congleton to receive its fair share of health services and provision.

12. AOB

Nothing raised

13. Date of Next Meeting

SUGGESTED: Thursday 3 October – Jackie to check timings with the GP